



2017

**NOR-CAL SKILLS CAMP
YOUTH FOOTBALL**

For Current K-7th graders

7 Thursdays 5:30pm-7pm - June 1,8,15,22,29, July 6,13

COST: \$40 must be turned in before physically participating June 1.
(\$20 sibling discount) or \$10 per day

***Make checks payable to: Nor-Cal Skills Camp-YOUTH**

WHERE: MONTEREY TRAIL HIGH SCHOOL – Macres Stadium

DRESS: Athletic cleats or shoes, T-shirt and shorts (non-padded camp)

SKILLS TO BE COVERED:

***Football: Speed & Agility Development
Football Skill Development**

The Nor-Cal Skills YOUTH Football Camp will focus on football fundamentals along with speed & agility training. A safe and fun environment will be provided while campers learn and practice proper technique.

Student's Name _____ Age: _____

Current School _____ Current Grade: _____

Parent's/Guardian's Name(s) _____

Street Address: _____ City _____ Zip _____

Home Ph#: _____ Emergency Ph # _____

Email: _____

PARTICIPANT MEDICAL INFORMATION AND RELEASE:

I give permission for my son/daughter to participate in this program and certify that to the best of my knowledge and belief, he/she is in good physical condition and hereby release the Elk Grove Unified School District, Monterey Trail High School, MT Football Club & Nor-Cal Skills Camp of any liability. I understand that the district takes appropriate steps to protect my child from injury but DOES NOT provide accident medical insurance for this program.

Signature of Parent or Guardian _____

Date _____

**Nor-Cal Skills Camp, 8359 Elk Grove-Florin Rd, #103, Sacramento, CA 95829
(916) 479-9036**

This is not an EGUSD sponsored program. The EGUSD accepts no liability or responsibility for this program / activity.



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