



# **MONTEREY TRAIL HIGH SCHOOL ATHLETICS**

**"Home of the MUSTANGS"**

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Athletic Office - room HF 1  
[www.mthsmustangs.com](http://www.mthsmustangs.com)

## **2022-2023 WRESTLING SCHEDULE**

\*METROPOLITAN CONFERENCE

<u>DAY</u>		<u>OPPONENT</u>		<u>SITE</u>	<u>GAME TIME</u>	<u>RELEASE/ BUS TIME</u>
Sat Nov 19	ALL	Ed Barrera Memorial		Pioneer High School		5:45 AM
Sat Nov 26	Boys	Valley High	@	Valley		OYO
Sat Nov 26	Girls	Godess of War	@	Tokay High School		OYO
Sat Nov 26	JV	KnightMare	@	Rio Linda High School		OYO
Tues Nov 29		Florin	@	Monterey Trail	6pm	
Thurs Dec 1		Pleasant Grove	@	Monterey Trail	6pm	
Sat Dec 4	Boys	Rod Gaines Invitational	@	Tokay High School	7am	5:45 AM
Sat Dec 4	Girls	Granite Bay Invitational	@	Granite Bay High School	7am	OYO
Sat Dec 4	JV	Ponderosa	@	Ponderosa High School	7am	OYO
Tues Dec 7		Rosemont	@	Monterey Trail	6pm	
Wed Dec 14		Franklin	@	Monterey Trail	6pm	
Sat Dec 17	Girls	Jailbreak Duals	@	Folsom High School	9:00am	OYO
Fri, Sat Dec 16, 17	Boys	Women's West Coast	@	The Grounds, Roseville	9:00am	OYO
Sat Dec 17	JV	Brett Fafard Memorial Wildcat	@	Will C Wood HS	9:00am	OYO
Thurs Dec 22	Girls	SuperGirl Showdown	@	Ceres High School		
Fri Dec 23	Girls	SuperGirl Showdown	@	Ceres High School		
Fri-Sat Jan 6, 7	Boys	Doc B or Joe Rios Memorial	@	Clovis High / Chico High		OYO
Sat Jan 7	Girls	Vista Del Lago	@	Vista Del Lago High		5:45 AM
Sat Jan 7	JV	JV Vista Del Lago	@	Vista Del Lago High		5:45 AM
Tues Jan 10	All	Metro Dual - Grant & River City	@	Monterey Trail	5PM	NA
Fri-Sat Jan 13-14	Boys	Tim Brown Invitational	@	Memorial Auditorium		OYO
Fri Jan 13	Girls	Sutter Classic	@	Sutter Union High		5:45 AM
Fri Jan 13	JV	Sutter Classic	@	Sutter Union High		5:45 AM
Wed Jan 18	ALL	Metro Dual - Kennedy & Laguna Creek	@	Kenndy	5:00pm	OYO
Sat Jan 21	Boys	Corning Invitational	@	Corning High School		4:45 AM
Sat Jan 21	Girls	Lady Eagles	@	Del Oro HS		5:45 AM
Sat Jan 21	JV	Del Oro JV	@	Del Oro HS		5:45 AM
Wed Jan 25	ALL	Metro vs McClatchy	@	Laguna Creek	5:00pm	OYO
Sat Jan 28	Varsity	Section Team Duals Championships	@	Lincoln High School	9:00am	OYO
TBD	Women	Goddess of the Vine?	@	Windsor High School	9:00am	OYO
Sat Feb 4	Varsity	METRO LEAGUE MEET	@	McClatchy	9:00am	OYO
Fri-Sat Feb 10-11	Varsity	DIVISION II CHAMPIONSHIPS	@	Vacaville HS	9:00am	OYO
Fri-Sat Feb 10-11	Girls	DIVISIONAL'S	@	Natomas High School	9:00am	OYO
Fri-Sat Feb 17-18	Boys / Girls	MASTERS	@	STOCKTON ARENA	9:00am	OYO
Thurs-Sat Feb 23-25	Boys / Girls	STATE	@	Rabobank Arena - Bakersfield	9:00am	OYO

\*LEAGUE MATCHES -Weigh In - 1 hour before start time

Head Coach: Evan Walker  
Assistant Coach:

Principal: Lara Ricks

Athletic Director: David Coronado

Colors: Green, Gold & Black  
Mascot: Mustang